

## START BY ASSESSING YOUR CURRENT STRESS LEVEL

MedEcho is more than just CBD. We set a new standard with our condition-specific formulas, including clinically validated key ingredients, to help manage the principal conditions of **Stress, Pain** and **Sleeplessness**.

We approach results with enhanced predictability. Consistent with established care guidelines, MedEcho's user experience is led with **simple, clear direction on when, why and how much to apply**.

Unparalleled attention to detail in the efficacy of our products, positions MedEcho as most referred by healthcare professionals looking for credible alternatives. **Always safe, natural, non-addictive and non-intoxicating.**



**Uneasy, Anxious, Tense, Worried**



**Edgy, Overwhelmed, Unsure, Panicky**

## CHOOSE YOUR MATCHING QUICK START OPTION



**Level 1 Stress**  
Acute

**Acute stress** lasts for a relatively short period of time, usually less than a few weeks, and is intense. It can happen after an upsetting or unexpected life event and comes on quickly.

Circumstances might include:  
job loss, death,  
ended relationship,  
relocation, or sudden illness

**CBD Drops (Peppermint or Vanilla)**  
**1000mg CBD Full Spectrum Hemp Extract**

Helps manage everyday stressors, eases normal anxiety and encourages relaxation, without drowsiness. Zero earthy aftertaste with nothing but natural flavors, MCT oil and Stevia.



**Level 2 Stress**  
Chronic

**Chronic stress** is long-lasting or repetitive; often unavoidable and happening when you are under pressure. If ignored, can cause potentially serious health problems.

Circumstances might include:  
work deadlines, family care responsibilities, managing debt, experiencing discrimination

**CBD Capsules**  
**1500mg CBD Isolate Hemp Extract**

This pure dose CBD powerhouse is simply effective, allowing for efficient and fast restorative benefits. It contains everything needed to gradually realize subtle but profound improvements in a convenient, precise capsule.

## REFINE YOUR ROUTINE



STEP OUTSIDE



PRIORITIZE TASKS



CUTDOWN CAFFEINE



BREATHE DEEPLY

**Being prepared for periods of stress can make it easier to get through them.**

And knowing how to manage your wellbeing can help you recover after a stressful event.

**It's not what you know, it's what you do.**

And taking care of your wellbeing can help you feel more able to manage stress. Different things will work for different people, but these routine changes have been proven to make a difference.

## TAKE THE MEDECHO SHORTCUT TO EFFECTIVE RELIEF

The fastest way to realizing results starts by following the healthcare professional recommended schedule and directions without deviation. **This structure helps to manage stressors and ease anxiety without drowsiness, providing 30 days of usage.**

**Level 1 Stress**  
Acute



**Level 2 Stress**  
Chronic



MedEcho's Stress Quick Start options make it easy to get the right support for your level of stress. They are noticeably effective when **followed as directed for a minimum of 10 days** with increased results seen in continued daily use.